



# St. Nicholas Children's Therapies

## Client History & Questionnaire



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**Joshua Center for Neurological Disorders and St. Nicholas Children's Therapies LLC have a contractual relationship and by signing this intake form you are giving permission for both organizations to have access to your basic information.**

### Child's Information

Child's Name \_\_\_\_\_ Birthday \_\_\_\_\_ Age \_\_\_\_\_ Grade \_\_\_\_\_  
Medical Diagnosis(s) \_\_\_\_\_  
Form completed by \_\_\_\_\_  
Child lives with \_\_\_\_\_

### Birth History

Born at \_\_\_\_\_ weeks' gestation. Birth weight \_\_\_\_\_  
Did your child require NICU care, feeding assistance? \_\_\_\_\_  
Birth, medical, surgical history \_\_\_\_\_  
\_\_\_\_\_

### Medical Background

Physical restrictions or precautions \_\_\_\_\_  
\_\_\_\_\_  
Current medications & purpose \_\_\_\_\_  
\_\_\_\_\_  
Allergies: \_\_\_\_\_  
Does your child have normal sensation? \_\_\_\_\_ If not, list sensation deficits (i.e., Numbness) \_\_\_\_\_  
Does your child wear glasses? \_\_\_\_\_  
Hearing aids? \_\_\_\_\_  
Most recent vision screening or test? Results and when \_\_\_\_\_  
Most recent hearing screening or test? Results and when \_\_\_\_\_  
Did your child scoot instead of crawl? \_\_\_\_\_  
Did your child skip crawling? \_\_\_\_\_  
Did your child crawl for short time before walking? \_\_\_\_\_  
Did your child dislike being on their stomach? \_\_\_\_\_  
Did your child walk before 12 months or after 16 months? \_\_\_\_\_  
Did your child skip the "terrible two's" age of imitating "no" back to you and seemed easier than you'd thought it would be? \_\_\_\_\_

### Therapy History

Therapies currently receiving \_\_\_\_\_  
Therapies received in the past \_\_\_\_\_  
Does your child have an IEP or 504? \_\_\_\_\_

**Check off areas you observe with your child****HANDWRITING**

- ☐ Preferred hand is undetermined & Switches hands during coloring/writing or other tasks [Palm] [ATNR]
- ☐ Poor pencil grip [ATNR] [PALM]
- ☐ Immature, messy, or poor handwriting [ATNR] [PALM]
- ☐ Letter and number reversals [ATNR]
- ☐ Poor fine motor control or dexterity [Palm]
- ☐ Light pressure with handwriting (hard to read due to coloring/writing too light) [Palm]
- ☐ Excessive pressure with handwriting (crayons and pencils break with coloring/writing) [Palm]
- ☐ Says hands fatigue with coloring or writing [Palm]
- ☐ Sticks out tongue when writing [Palm]
- ☐ Difficulty with cutting or gluing tasks [Palm]
- ☐ Puts head down excessively when drawing, writing, or reading [STNR]
- ☐ Prefers to stand during hand activities [STNR]

**MOTOR**

- ☐ Poor hand-eye coordination [ATNR]
- ☐ Difficulty with ball skills [FPR]
- ☐ Difficulty throwing or catching a ball [ATNR] [TLR]
- ☐ Difficulty in sports [ATNR]
- ☐ Avoids sports or new physical challenges [TLR] [STNR]
- ☐ Shallow breathing or not coordinated [FPR]
- ☐ Shallow breathing patterns or tends to hold breath [M]
- ☐ Poor balance and coordination [M] [ATNR]
- ☐ Poor balance, spatial or temporal awareness [STNR]
- ☐ Balance and coordination difficulties, especially when looking up or down [TLR]
- ☐ Poor stamina, low endurance, easily fatigues [M] [SGR] [TLR]
- ☐ Weak upper body [L]
- ☐ Difficulty riding a bicycle [CER]
- ☐ Difficulty riding a bike without training wheels [STNR]
- ☐ Difficulty learning to swim [STNR]
- ☐ Struggles with summersaults (knees buckle when head turns under) [L]
- ☐ Difficulty with typing with correct hand placement [STNR]
- ☐ Hesitant going up or down stairs [CER]
- ☐ Difficulty with stairs [TLR]
- ☐ Difficulty climbing on things [TLR]
- ☐ Poor posture (slumping) [CER] [SGR]
- ☐ Slouched posture and difficulty sitting upright or head forward or to side [Palm] [TLR] [STNR] [L]
- ☐ W sitting [STNR]
- ☐ Wraps feet around front of chair [STNR]
- ☐ Lower back pain or scoliosis [SGR]
- ☐ Spinal deformities [SPR]
- ☐ Hip rotated to one side [SGR]
- ☐ Forwards or backwards rotated pelvis [STNR]
- ☐ Low back stuck arched position (bottom sticks out) [SPR]

- ☐ Locks legs in standing to maintain posture (stands with knees locked) [SGR] [L] [TLR] tension
- ☐ Holds body stiffly [FPR]
- ☐ Tension or problems in the shoulders, neck, back, and hips [ATNR]
- ☐ Hips and spine move together (they don't differentiate) [SPR]
- ☐ Stiff posture [SPR]
- ☐ Stiff jerky movements with tense muscles down the back of body [TLR]
- ☐ Low muscle tone (loose in joints and muscles) or muscle weakness [TLR] [STNR] [L]
- ☐ High muscle tone [TLR]
- ☐ Poor gross motor coordination [SGR]
- ☐ Clumsy in movements [L]
- ☐ Leans on others or objects for balance and stability [SPR]
- ☐ Unable to assume Superman position while on belly [SPR]
- ☐ Did not crawl as an infant [TLR] [STNR]
- ☐ Delayed crawling [SPR]
- ☐ Early walker (walked before 12 months) [CER]
- ☐ Delayed walking (walked after 16 months) [SPR]
- ☐ Leans forward (in standing or while sitting at table) [SPR]
- ☐ Poor posture in standing [STNR]
- ☐ Abnormal, awkward, or atypical walking, running, or movement pattern (lower body clumsiness) [SPR] [SGR] [ATNR] hip rotated to one side
- ☐ Waddles [SPR]
- ☐ Ape-like walk [STNR]
- ☐ Toe walking or history of [TLR] [L]
- ☐ Lacks reciprocal arm swinging patterns in walking or running [SPR]
- ☐ Difficulty with task that require crossing the midline of the body (marching in reciprocal pattern or touching right hand to left knee and left hand to right knee) [ATNR]
- ☐ Difficulty turning, rotating, or twisting [ATNR]
- ☐ Poor sense of rhythm [TLR]
- ☐ Difficulty moving hands, arms, head separately; tends to move as one unit [STNR]
- ☐ Difficulty coordinating body movements that use the upper and lower part of the body together (jumping jacks, snow angels, or marching) [L]

#### EXECUTIVE FUNCTION

- ☐ Constantly feels overwhelmed (homework, transitions, etc.) [FPR]
- ☐ Feeling stuck or "Deer in the headlights look" [FPR]
- ☐ Avoidance behaviors (appears defiant) [FPR & M]
- ☐ Becomes anxious easily [FPR & M]
- ☐ Fearful or resistant to learning new information (avoids new learning at school) [M]
- ☐ Difficulty making choices [M]
- ☐ Easily distracted [M] [ATNR]
- ☐ Poor concentration [SGR] [TLR] [L]
- ☐ Poor attention [SGR]
- ☐ Difficulty with short term memory especially when sitting in chair to learn [SGR]
- ☐ Breath holding or shallow breathing with new learning [SPR]
- ☐ Short- and long-term memory difficulties [SPR]
- ☐ Short term memory difficulty [L]
- ☐ Difficulty in school [ATNR]
- ☐ Math and reading issues [ATNR]
- ☐ Doesn't like working puzzles [ATNR]

- ☐ Disorganized approach with task (getting dressed, brushing teeth, toileting, preparing simple foods, schoolwork) [ATNR]
- ☐ Difficulty following directions [ATNR]
- ☐ Frequently ask for directions to be repeated (says, "What" a lot) [ATNR]
- ☐ Frequently misunderstands [ATNR]
- ☐ Difficulty with attention, focus, and memory [ATNR]
- ☐ Difficulty sequencing [ATNR]
- ☐ Poor spelling [Palm]
- ☐ Difficulty processing ideas [Palm]
- ☐ Difficulty writing ideas onto paper or computer [Palm]
- ☐ Difficulty with verbal expression of ideas or thoughts [Palm]
- ☐ Difficulty paying attention, especially when head is down (at desk or reading) [TLR]
- ☐ Poor sequencing skills (organizing and doing task in correct sequences) [TLR]
- ☐ Poor cause and effect awareness [TLR]
- ☐ Difficulty understanding new information [L]

### SELF-HELP SKILLS

- ☐ Sleeping and eating difficulties [FPR]
- ☐ Difficulty falling asleep, staying asleep, waking up, or wakes up tired [M]
- ☐ Doesn't like head tipped back (washing hair) [M]
- ☐ Bedwetting long after toilet trained [SGR]
- ☐ Difficulty with control of bowel or bladder (doesn't make it to the bathroom in time) [SGR]
- ☐ Bedwetting or bladder issues or toilet training issues or history of [SPR]
- ☐ Difficulty with food textures or picky eater [R]
- ☐ Thumb sucking [R]
- ☐ Overeats [R]
- ☐ Gags easily [FPR]
- ☐ Food sensitivities, food allergies, or weakened immune system [M]
- ☐ Hypersensitive around mouth [R]
- ☐ Dribbling or drooling [R]
- ☐ Chronic digestion problems [SGR]
- ☐ Stomach pain [SPR]
- ☐ Picky eater [SPR]
- ☐ Difficulty using eating utensils (spoon/fork) [Palm]
- ☐ Prefers to eat with fingers [Palm]
- ☐ Difficulty using knife to spread toppings [Palm]
- ☐ Messy eater [STNR]
- ☐ Difficulty picking up small items [Palm]
- ☐ Difficulty with dressing and fasteners (buttons, zippers, snaps) [Palm]
- ☐ Difficulty tying shoes [Palm]
- ☐ Speech and articulation problems [R] [PALM] [TLR]

### VISION

- ☐ Poor spatial awareness of people and objects around them (bumps into people/objects) [TLR]
- ☐ Tends to cross eyes [TLR]
- ☐ Poor eye hand coordination [STNR]
- ☐ Difficulty reading [TLR] [STNR]
- ☐ Skipping parts of the line or words when reading [ATNR]
- ☐ Skipping lines when reading [ATNR]

- ☐ Visual issues and poor eye contact [STNR]
- ☐ Visual tracking difficulties [STNR]
- ☐ Keeps eyes close to paper [STNR]
- ☐ Difficulty locating items in busy background [STNR]
- ☐ Difficulty looking from near to far (copying from the board) [STNR] [ATNR]
- ☐ Poor depth perception [ATNR]
- ☐ Imbalance between focus and peripheral vision; doesn't get the big picture; focus tied to arm's length [ATNR]

## SENSORY

- ☐ Easily startles or fearful to loud noises or noises (asks "what's that") [FPR]
- ☐ Hears sounds that others do not [FPR]
- ☐ Difficulty doing task when sounds or noises are close by [FPR]
- ☐ Slowed responses to auditory information [ATNR]
- ☐ Not consistently responding to name [ATNR]
- ☐ Easily startles or fearful to visual stimuli [FPR]
- ☐ Visually distracted [FPR]
- ☐ Difficulty with visual cues in the environment [FPR]
- ☐ Doesn't like when eyes are covered up [FPR]
- ☐ Easily startles or fearful to touch stimuli [FPR]
- ☐ Withdrawn from touch [FPR]
- ☐ Overly sensitive to touch, noise, light, movement, and smell [M] [SPR]
- ☐ Resistive to and hypersensitive to grooming and hygiene tasks: nail clipping, brushing teeth, hair washing, and haircuts, dentist, or history of [FPR]
- ☐ Motion sickness [M]
- ☐ Avoids movement or vestibular tasks [M]
- ☐ Constantly seeks movement [M]
- ☐ Becomes even more excited after movement [M]
- ☐ Thrill seeker without regard for safety [M]
- ☐ Rarely yawns [M]
- ☐ Yawns a lot [M]
- ☐ Tends to adjust body or fall out of chair [SGR] [TLR]
- ☐ Seeks head banging [TLR]
- ☐ Reactive between head/neck and arm muscles [STNR]
- ☐ Hyperactive or fidgety [FPR] [CER] [STNR]
- ☐ Hyperactive and restless, especially if clothes or chair brush against their back [SGR]
- ☐ Fidgety or wiggly "ants in the pants" [SGR]
- ☐ Cycles of hyperactivity and extreme fatigue [M]
- ☐ ADHD or behaviors of [STNR]
- ☐ ADD or behaviors of [STNR]

## SOCIAL SKILLS

- ☐ Excessive anxiety or negativity [FPR]
- ☐ Insecure of low self-esteem [FPR]
- ☐ Depression, isolation, withdrawn (likes to keep to self) [FPR]
- ☐ Extreme shyness, fear of groups [FPR]
- ☐ Excessive fear of embarrassment [FPR]
- ☐ Fear of separation from loved one, clinging [FPR]
- ☐ Lack of trust [FPR]

- ☐ Prefers & seeks sedentary play and withdrawn [M] [STNR]
- ☐ Avoids social situations or easily frustrated in social situations [STNR]
- ☐ Difficulty making friends [M]
- ☐ Acts younger than actual age [M]
- ☐ Plays roughly with people or objects [SPR]

### SELF-REGULATION

- ☐ Obsessive compulsive behaviors [FPR]
- ☐ Impulsive/aggressive or overreacts to small situations (yells, kicks, bites, tantrums, shuts-down)[M]
- ☐ Easily triggered, reacts in anger or emotional outburst [M]
- ☐ Oppositional or aggressive behaviors [FPR]
- ☐ Temper tantrums [FPR]
- ☐ Intense emotional reactions (quickly goes from calm to intense) [FPR]
- ☐ Difficulty adapting to changes [M]

### Cognitive Functioning

Does your child struggle with impulse control, shifting attention, initiation, remembering, planning, and organizing and/or with self-monitoring or direction following? This is often seen with difficulties in starting, planning, and carrying out multi-step activities. Areas often affected are time management, budgeting, academics, focusing, transitions between tasks, following directions, motivation, navigation, and independence. Please explain as applicable:

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### Therapy Expectations/Goals

What do you expect to get out of therapy? Please explain your main concerns and specify what you want occupational therapy services to focus on:

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### How did you hear about St. Nicholas Children's Therapies?

- ☐ Friend/Family
- ☐ School
- ☐ Doctor
- ☐ Magazine article
- ☐ Presentation
- ☐ Insurance company directory
- ☐ Website/Internet
- ☐ Other: \_\_\_\_\_

Admin: Fear Paralysis Reflex [FPR], Rooting Reflex [R], Moro Reflex [M], Crossed Extension (legs) Reflex [CER], Spinal Galant Reflex [SGR], Spinal Perez Reflex [SPR], Asymmetrical Tonic Neck Reflex [ATNR], Palmar Reflex [Palm], Tonic Labyrinthine Reflex [TLR], Symmetrical Tonic Neck Reflex [STNR], Landau Reflex [L]